



A brand-new season is just around the corner, excitement is building, and Combe Martin Bowling Club is delighted to offer a range of opportunities for the public to come and try lawn bowling. The green opens for bowls on **18th April** with a Ladies Captain select v Men's Captain select. This will brush away the winter cobwebs before our first friendly match at home again Ilfracombe at **2pm on 23rd April**.

Regular roll ups will be held on Mondays at 1pm and 6pm when there are no matches. If you wish to come down to try bowls please contact Captain Paul Buttle on **07856 798600** or another officer of the club. Details are on the club website as well as fixtures for the 2026 season.

combemartinbowlingclub.com

If you've never picked up a bowl before, now is the perfect time to give it a go. We're even running dedicated ladies-only sessions to make sure everyone feels welcome and supported.

You'll receive a warm and friendly welcome from our members, all equipment is provided, and it won't cost you a penny. Simply pop on a pair of trainers or flat-soled shoes and come along.

Our experienced volunteers will be on hand to offer all the guidance you need to get started.

You may be surprised at how quickly you take to it — and how much you enjoy it!

Below is a list of dates and times to suit all schedules:

Our annual **OPEN DAY 1- SUNDAY 26TH APRIL- 2-5PM**

(Open to everyone ;Children under 10 accompanied)

OPEN DAY 2- SUNDAY 2ND MAY-2-5PM

(Open to everyone; Children under 10 accompanied)

MONDAY 'ROLL UPS'

(Every Monday @ 1pm —-Every Monday @ 6pm)

—-Open to everyone , Children under 10 accompanied—

Come along and try your hand at bowling in a friendly relaxed manner with the emphasis on fun and enjoyment .Wont cost you a penny.

You in your trainers or flat soled shoes are all that's needed !

We are also holding two **LADIES ONLY " OPEN DAYS "** designed exclusively to cater for Ladies only.

WEDNESDAY 22ND APRIL-6.30PM-8PM

WEDNESDAY 5TH MAY -6.30PM-8PM

**** LADIES BOWL & STRETCH ****

WEDNESDAY 13TH MAY-6.30PM-8.30PM

WEDNESDAY 20TH MAY-6.30PM-8.30PM

TUESDAY 26TH MAY-6.30PM-8.30PM

WEDNESDAY 10TH JUNE-6.30PM-8.30PM

WEDNESDAY 17TH JUNE-6.30PM-8.30PM

WEDNESDAY 24TH JUNE-6.30PM-8.30PM

(More dates TBA)

(The emphasis in these sessions are fun, enjoyment and a much needed opportunity for the ladies to unwind and destress..)

A very short period of easy, light and attainable stretches to warm up, and straight into some stress free and fun bowling...

(FOR LADIES ONLY)

.... Oh, and before I forget, the **BAR IS OPEN** 😊

****Come along and take the opportunity to switch off, de-stress, enjoy a little light exercise, and have some fun in the company of a warm, friendly group of**